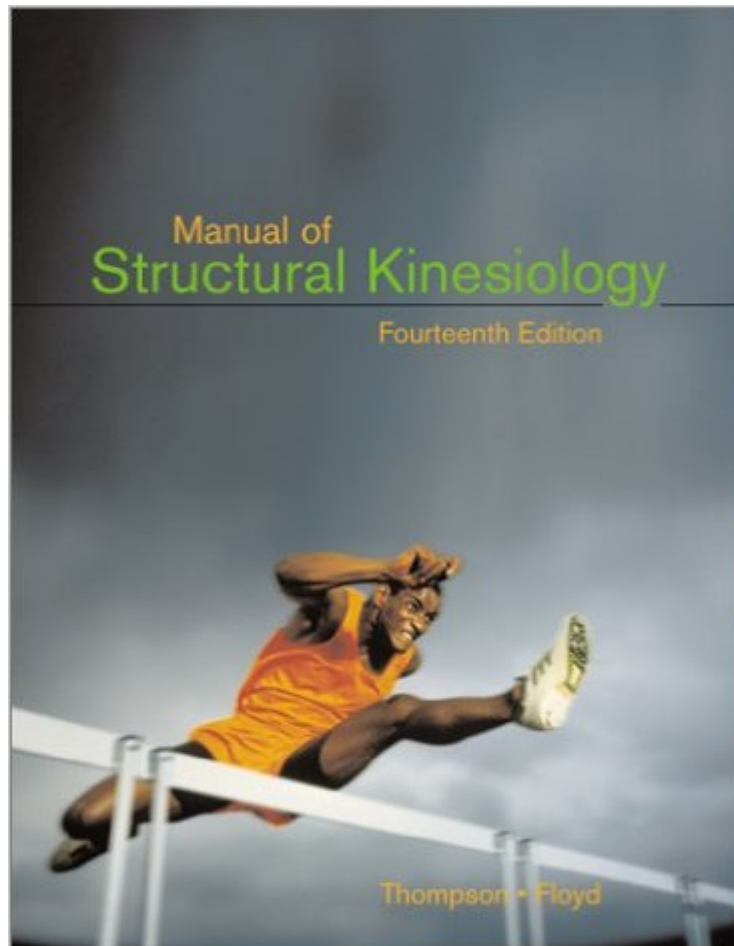


The book was found

Manual Of Structural Kinesiology With Dynamic Human 2.0



Synopsis

This book provides a straightforward look at human anatomy and its relation to movement. The text identifies specific muscles and muscle groups and describes exercises for strengthening and developing those muscles. The Manual of Structural Kinesiology makes important information readily available to students through a combination of logical presentation and a concise writing style.

Book Information

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Average Customer Review: 4.5 out of 5 starsÂ Â See all reviewsÂ (2 customer reviews)

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Customer Reviews

The book is thorough in its presentation. The author took a good approach to presenting the material in such a way that the reader will learn by association. Clear images are presented to help facilitate the learning process for the reader. Taking a course in basic anatomy would be helpful prior to reading this book.

This book is good if you want to know exactly what action each muscle performs in the human body. It is listed as a reference for the National Certification Examination for Therapeutic Massage and Bodywork. It is quite good for the kinesiology portion of the NCETMB. However, if you really want a great book that is filled with on target questions for the NCETMB get the following which is on .com: The Ultimate Study Guide for the National Certification Examination for Therapeutic Massage and Bodywork: Key Review Questions and Answers (Topics: Human Anatomy, Physiology and

Kinesiology) Volume 1 by Patrick Leonardi (ISBN: 0971999643) The Ultimate Study Guide for Therapeutic Massage and Bodywork: Key Review Questions and Answers (Topics: Clinical Pathology and Recognition of Various Conditions) Volume 2 by Patrick Leonardi (ISBN: 0971999651) The Ultimate Study Guide for Therapeutic Massage and Bodywork: Key Review Questions and Answers (Topics: Massage Therapy and Bodywork: Theory, Assessment and Application. Professional Standards, Ethics and Business Practices) by Patrick Leonardi (ISBN: 097199966X) These last 3 study guides are great sources for knowing the types of questions asked on the NCETMB.

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